**An increasing number of people choosing to have cosmetic surgery in order to improve**

**their appearance. Why do people have operations to change the way they look? Do you**

**think this is positive or negative development?**

It is true that there is a trend of doing cosmetic surgery to have a more attractive look these days. In my opinion, this trend stems from various reasons and this is a negative development.

On the one hand, the main reason for using these operations is to acquire more confidence and admiration. Firstly, our modern life is affected dramatically by social media, where produces a host of influencers with a perfect visual. These role models usually have to undergo hard training and follow harsh discipline to achieve their appearance; meanwhile, a lot of nine-to-five people, who want to be as good as their idols but do not have enough time for exercises, choose to cut corners by doing surgeries. Secondly, there are unlucky people who are born with unexpected marks on their bodies, or face some accidents causing ugly scars. As a result, they opt for conducting cosmetic operations to cover or enhance their flaws.

From my perspective, I think improving appearances with cosmetic surgery has bad effects on people. Inner characteristics such as mindset or kindness should be the main factors to evaluate a person’ qualities as opposed to their look. For instance, if a person can obtain a bright mind and a beloved tenderness, they will be greatly confident and admirable without trying to look beautiful. On top of that, carrying out medical operations contains potential risks to patients’ health especially when the surgery fails; even the errors could take their lives away. Finally, abusing artificial methods on human bodies can also pose a deformation to people’s shapes if this action is not conducted by a credible surgeon.

In conclusion, numerous culprits could be given to explain the rising trend of cosmetic surgery. I totally believe that this has negative effects on people and our lives would be better without this operation.